

ROTALORE

The weekly bulletin of the **ROTARY CLUB OF MANGALORE**

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Program Today

03.05.2021

**Work Life Balance
by**

Mr. Amit Dadhich

RI President's Message - June 21



In January 2020, when I announced my presidential theme, Rotary Opens Opportunities, and spoke of the changes that Rotary needed to embrace, none of us had any idea how quickly change would arrive. But I am a longtime believer in seeing challenges as opportunities. This year, we seized new opportunities to reimagine what Rotary could be. For years, we had discussed ways to make Rotary flexible and adaptable, and we had tried a few experiments. This year, we all experimented — and succeeded! Online meetings are a regular fixture now as clubs invite guests from across the globe.

Susanne and I love to meet members of the family of Rotary around the world, and we've missed seeing you in person over the past year. But for me, it was a new way of experiencing Rotary. We traveled the world virtually. I definitely met thousands more of you than I would have otherwise. I never set foot in my



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office in Evanston as president, yet we found new ways to get the job done while cutting travel costs.

This is the Rotary we experienced in 2020-21: nimble, adaptable, and creative. The next step is not to go back to the way things were before the pandemic. We must move forward. Let's apply what we have learned in order to offer new experiences and opportunities for our members, such as online attendance as a regular option.

We need a younger, more diverse Rotary at every level to keep our clubs strong. What diversity means is different from region to region, but I encourage you to welcome people from all backgrounds. Another step we can all take is to increase the number of women and amplify their role everywhere.

I am glad that many now see Rotary and Rotaract clubs as equals. Let's keep going in this direction by inviting Rotaract clubs to be a part of everything we do. Let's not squander any opportunity to reach young leaders, but partner with Rotaract and invest in our many new approaches.

I am very proud of the work Rotary is doing to fight COVID-19 by supporting vaccination campaigns through advocating for fair distribution and combating misinformation. But we must also continue to do everything we can to end polio. And we now have opportunities to work in a new area of focus: the environment.

The world is a different place today from when I first announced that Rotary



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Opens Opportunities. We can all be proud of how we updated what Rotary can be this year. Let's continue on this path, always taking care of our clubs and of our friends in those clubs. They are precious, and they keep Rotary alive and thriving.

Susanne and I are thankful for all the opportunities to serve the organization during this special year, a year of finding new meaning in Service Above Self. We see Rotary as a community of people who live their values by putting them into action. In these extraordinary times, there is no doubt that we must place increased emphasis on service. This is our opportunity to show the world what Service Above Self means for Rotarians.

There are so many opportunities waiting for us that will help us change the world. Let's seize them together and get ready to open doors to achieving greater things. And as we open these doors to new ideas, our minds and our hearts also open. Remember that everything we do in Rotary opens another opportunity for someone, somewhere.

Holger Knaack

President 2020-21

Source: Rotary International

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Club Diary - 27.05.2021

Human Milk Bank

By Dr. Shantharam Baliga



The month of June is dedicated month for Rotary Fellowships. Rotary exchange rate for the month of November is \$1= Rs. 73.

Meeting started with an invocation by Rtn. Mayur. With a brief introduction of the chief guest President Rtn. Archibald welcomed Dr. B Shantharam Baliga to our club's weekly meeting. Members celebrating their anniversaries and birthdays during the week were wished. Members were informed that the

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the annual district conference will be held virtually from 18 th and 20 th June 2021.

The chief guest of the evening was Dr. B Shantharam Baliga. He was introduced by Rtn. Dr. Narendra Kamath. He spoke on the topic ‘Human Milk Bank’. He began his talk by sharing his experience on how the Neonatal ICU in Lady Goschen Hospital was setup. Dr. Baliga is helping our club in setting up the Global Grant Project of Human Milk Bank. With the help of slide show he explained the importance of Human Milk Bank. He also gave us details of the process involved in collection, pasteurisation, storage and how it will be delivered. This project is going to benefit over 500 new born babies and will save at least 80-90 lives every year. He explained the advantages of breast milk and said that if all the mothers who deliver breastfeed within one hour after birth 1 million babies can be saved across the globe. Human milk is therapeutic agent that protects term and preterm infants from both acute and chronic illness. This project after completion will cater to 8 surrounding districts for high risk deliveries and high standard of care will be offered. Vote of thanks was delivered by our President Rtn. Archibald and the meeting was adjourned for National Anthem.



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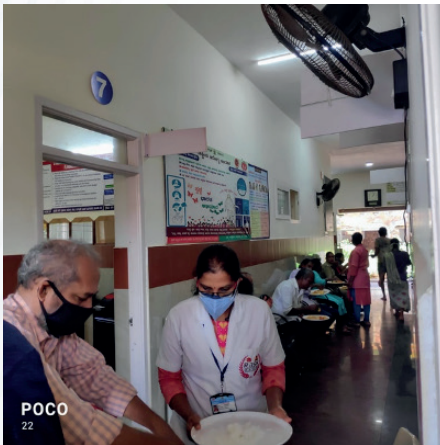
Knowledge is wealth



GOVERNMENT OF KARNATAKA

Club Activity

At the request of District Administration Rotary Club of Mangalore has provided breakfast and lunch to staff of Public Health Centre at Bunder. Rtn. Sunil Rao, Rtn. Madhav Suvarna & Rtn. Yathish Baikampady have co-ordinated this activity.



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Birthday Greetings



Rtn. Djaraj Nair
31st May



Rtn. Dr. K. Sakthivel
1st June

Anniversary Greetings

Rtn. Dr. Dattatray Prabhu & Ann Sonali Prabhu

2nd June

Club Pulse

27.05.2021

Club Strength	96
Present	45
Absent	51
Percentage	47%
% After Make-up	
13.05.2021	51%
06.05.2021	52%

Weekly Meeting

Thursday
At 7.00 PM
Online Meeting
(Zoom App)

Program Next Week

10.06.2021
To be announced
Ann's Invited
Online Meeting

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